

# OCTOBER EASTERN SHAWNEE AOA MENU

# 2016

918-666-7993	Monday	Tuesday	Wednesday	Thursday	Friday	Serving Time
Linda Hill Program Director	<b>3</b> BBQ Beef Sandwich Curly Fries Salad Bar	<b>4</b> Creamy Garlic Butter Chicken Breast Roasted Potatoes Green Beans Salad Bar Bread <b>BEADING CLASS 9:00</b>	<b>5</b> <b>BREAKFAST</b>  <b>BRUNCH</b>	<b>6</b> Pork Chops Dressing/Gravy Black-eyed Peas Salad Bar Bread	<b>7</b> Enchiladas Corn Nuggets Salad Bar Bread	<b>8</b> <b>Saturday Oct. 8th</b> <b>Is our first Elders Senior Prom At 5:30</b>
Karen Hamilton Cook  Billie Burtrum Cook  Susan Patterson Cook	<b>10</b> Burrito With Chili & Cheese Nachos Salad Bar	<b>11</b> Meatloaf Scalloped Potatoes Corn Salad Bar Bread  <b>BEADING CLASS 9:00</b>	<b>12</b> Chicken Legs Mac & Cheese Salad Bar Bread  <b>Exercise Bingo 1:00</b>	<b>13</b> Cod Fish Cole Slaw Hushpuppies Salad Bar	<b>14</b> Chicken & Noodles Peas Salad Bar Bread	<b>Serving time</b>  <b>11:00 TO 12:30</b>
	<b>17</b> Fried Chicken Sandwich Hash Brown Rounds Salad Bar	<b>18</b> Hot Beef Sandwich Mashed Potatoes Corn Salad Bar  <b>BEADING CLASS 9:00</b>	<b>19</b> Check-em (chicken) Tenders Mammogram (mashed) Potatoes Hope Hominy Salad Bar Busty Bread <b>BREAST CANCER AWARENESS DAY</b>	<b>20</b> <b>CLOSED FOR STAFF MEETING</b>	<b>21</b> Polish Sausage W/Sauerkraut Steak Fries Salad Bar	<b>Phone #</b> <b>918-666-7993</b> <b>Ext. 1205 OR 1206</b>
	<b>24</b> Ham & Cheese Sandwich Corn Soup Salad Bar	<b>25</b> Chicken Fried Steak Mashed Potatoes/Gravy Green Beans Salad Bar Bread <b>BEADING CLASS 9:00</b>	<b>26</b> Sauerkraut & wieners Fried Potatoes Mixed Vegetables Salad Bar Bread	<b>27</b> Ham & Beans Spinach Salad Bar Bread  <b>GAME DAY 10:00</b>	<b>28</b> Chicken Fajitas Carrots Salad Bar	
CHR Health Screening  <b>10:00 TO 11:00</b>	<b>31</b> Witches Beef Stew Ghostly Salad Bar Tombstone Bread  <b>Halloween Party</b>  (Health Screening)					Each meal is served with milk, juice, coffee or tea and dessert