

# SEPTEMBER

# EASTERN SHAWNEE AOA MENU

# 2015

918-666-7993	Monday	Tuesday	Wednesday	Thursday	Friday	Serving Time
Linda Hill Program Director		<b>1</b> Chicken & Noodles Green Beans Salad Bar Bread  <b>BEADING CLASS</b> <b>9:00</b>	<b>2</b> Sauerkraut & wieners Tator Babies Corn Salad Bar Bread	<b>3</b> Cod Fish Cole Slaw Hushpuppies Salad Bar	<b>4</b> Fried Chicken Sandwich French Fries Salad Bar	<b>Phone #</b> <b>918-666-7993</b>  <b>Ext.</b> <b>1205</b> <b>OR</b> <b>1206</b>
Brenda Robinson Head Cook  Karen Hamilton Assist. Cook  Bridget Furry Assist. Cook	<b>7</b> <b>CLOSED FOR LABOR DAY</b>	<b>8</b> Goulash Carrots Salad Bar Bread  <b>Gathering 5:30</b> <b>BEADING CLASS</b> <b>9:00</b>	<b>9</b> Chicken Tenders Mashed Potatoes/ Gravy Green Beans Salad Bar Bread  <b>EXERCISE BINGO</b> <b>1:00</b>	<b>10</b> Hot Beef Sandwich Mashed Potatoes Hominy Salad Bar	<b>11</b> Taco Salad Corn Salad Bar	<b>Serving time</b>  <b>11:00</b> <b>TO</b> <b>12:30</b>
	<b>14</b> Burrito With Chili & Cheese Nachos Salad Bar	<b>15</b> Stuffed Peppers Tator Babies Corn Salad Bar Bread  <b>BEADING CLASS</b> <b>9:00</b>	<b>16</b> Baked Ham Dressing Green Beans Salad Bar Bread	<b>17</b> Corn Soup Fry Bread Salad Bar	<b>18</b> Beef & Hominy Fried Okra Grape Dumplings Salad Bar Bread	
	<b>21</b> Ham & Beans Spinach Salad Bar Bread  (Health Screening)	<b>22</b> Salisbury Steak Mashed Potatoes Peas Salad Bar Bread  <b>FOOT CARE DAY</b> <b>1:00</b> <b>BEADING CLASS 9:00</b>	<b>23</b> <b>CLOSED FOR PICNIC IN THE PARK</b> <b>EVERYONE WELCOME</b> <b>COME ENJOY FOOD, GAMES AND PRIZES</b>	<b>24</b> Chicken Nuggets Susie Q's Salad Bar	<b>25</b> <b>CLOSED FOR INDIAN DAY</b>	Each meal is served with milk, juice, coffee or tea and dessert
CHR Health Screening Last Monday Of Month  <b>10:00 TO 11:00</b>	<b>28</b> Pork Tenderloin Sandwich Tator Babies Salad Bar  (Health Screening)	<b>29</b> Chicken Fried Steak Mashed Potatoes/ Gravy Green Beans Salad Bar Bread  <b>BEADING CLASS</b> <b>9:00</b>	<b>30</b>			