

SEPTEMBER

EASTERN SHAWNEE AOA MENU

2014

918-666-7993	Monday	Tuesday	Wednesday	Thursday	Friday	Serving Time
Linda Hill Program Director	1 CLOSED FOR LABOR DAY	2 Lasagna Soup Corn Bread Salad Bar BEADING CLASS 9:00	3 Sauerkraut & wieners Tator Babies Corn Salad Bar Bread	4 Beef Stroganoff Peas Salad Bar Bread	5 Burrito With Chili & Cheese Nachos Salad Bar	Phone # 918-666-7993 Ext. 1205 OR 1206
Brenda Robinson Head Cook Karen Hamilton Assist. Cook Joyce Mitchell Assist. Cook	8 Fried Chicken Sandwich Tator Tots Salad Bar	9 Chicken Tenders Mashed Potatoes/ Gravy Blackeyed Peas Salad Bar Bread BEADING CLASS 9:00	10 Spaghetti Corn Garlic Bread Salad Bar EXERCISE BINGO 1:00	11 Meatloaf Buttered Potatoes Peas & Carrots Salad Bar Bread	12 White Beans/ With Ham Hominy Corn Bread Salad Bar	Serving time 11:00 TO 12:30
	15 Chicken Nuggets Susie Q's Salad Bar	16 Cod Fish Cole Slaw Hushpuppies Salad Bar BEADING CLASS 9:00	17 Baked Ham Dressing Green Beans Salad Bar Bread Healthcare Solutions Bingo 12:30	18 Indian Taco Corn Salad Bar	19 Beef & Hominy Fried Okra Grape Dumplings Salad Bar Bread	
	22 Goulash Corn Salad Bar Bread (Health Screening)	23 Salisbury Steak Mashed Potatoes Green Beans Salad Bar Bread BEADING CLASS 9:00	24 Ham & Beans Spinach Salad Bar Bread WII BOWLING 12:30	25 CLOSED FOR PICNIC IN THE PARK EVERYONE WELCOME COME ENJOY FOOD, GAMES AND PRIZES	26 CLOSED FOR INDIAN DAY	Each meal is served with milk, juice, coffee or tea and dessert
CHR Health Screening Last Monday Of Month 10:00 TO 11:00	29 Pork Tenderloin Sandwich Tator Babies Salad Bar (Health Screening)	30 Stuffed Peppers Tator Babies Green Beans Salad Bar Bread BEADING CLASS 9:00				

