

918-666-7993	Monday	Tuesday	Wednesday	Thursday	Friday	Serving Time
Linda Hill Program Director		<b>1</b> Beef Stroganoff Carrots Salad Bar Bread <b>BEADING CLASS</b> <b>9:00</b>	<b>2</b> Chicken Legs Scalloped Potatoes Black-eyed Peas Salad Bar Bread <b>Exercise Bingo</b> <b>1:00</b>	<b>3</b> Smothered Steak Sweet Potatoes Cooked Cabbage Salad Bar Bread	<b>4</b> Hamburger Tator Tots Salad Bar	<b>Phone #</b> <b>918-666-7993</b> <b>Ext.</b> <b>1205</b> <b>OR</b> <b>1206</b>
Brenda Robinson Head Cook Paula Patterson Assist. Cook Karen Hamilton Assist. Cook	<b>7</b> Chicken Stir Fry Corn Salad Bar Bread	<b>8</b> Ham & Beans Spinach Salad Bar Bread <b>BEADING CLASS</b> <b>9:00</b>	<b>9</b> Hot Beef Sandwich Mashed Potatoes Hominy Salad Bar	<b>10</b> Chili / Beans Crackers Salad Bar	<b>11</b> <b>CLOSED</b> <b>FOR</b> <b>VETERANS DAY</b>	<b>Serving time</b> <b>11:00</b> <b>TO</b> <b>12:30</b>
	<b>14</b> Catfish Cole Slaw Hush Puppies Salad Bar	<b>15</b> Meatloaf Corn On Cob Salad Bar Bread <b>BEADING CLASS</b> <b>9:00</b>	<b>16</b> Chicken Tenders Mashed Potatoes/ Gravy Peas & Carrots Salad Bar Bread <b>Exercise Bingo</b> <b>1:00</b>	<b>17</b> Pork Chops Dressing/Gravy Green Beans Salad Bar Bread	<b>18</b> Ham Salad Sandwich Potato Soup Salad Bar	
	<b>21</b> Frito Pie Corn Nuggets Salad Bar	<b>22</b> Turkey Dressing/Gravy Sweet Potatoes Green Beans Salad Bar Bread <b>Thanksgiving Party</b>	<b>23</b> <b>Closed for staff</b> <b>Thanksgiving Luncheon</b>	<b>24</b> <b>CLOSED</b> <b>FOR</b> <b>THANKSGIVING</b>	<b>25</b> <b>CLOSED</b> <b>FOR</b> <b>THANKSGIVING</b>	
CHR Health Screening Last Monday Of Month	<b>28</b> Beef Stew Corn Bread Salad Bar (Health Screening)	<b>29</b> Chicken Fried Steak Mashed Potatoes/ Gravy Green Beans Salad Bar Bread <b>BEADING CLASS</b> <b>9:00</b>	<b>30</b> Chicken & Noodles Corn Salad Bar Bread			Each meal is served with milk, juice, coffee or tea and dessert